



Auditory Processing: Over-responsive

- Extreme sensitivity to sound
- Fear/Anxiety to participate in activities due to sensitivity to sound



Signs?

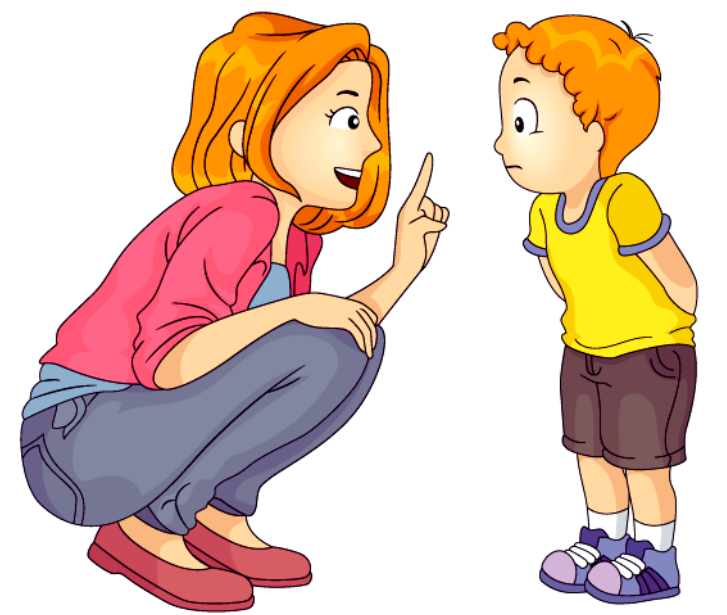
- Covering ears
- Cry/complain of sudden noises (i.e fire trucks, alarms, loud music)
- Reacts to any background noises





How Can You Help?

- Use headphones/ear plugs
- Prepare/ Warn your child for any predicted upcoming sounds
- Speak in a soft tone to child
- Provide a quiet space/zone away from the noise if child gets overwhelmed





Auditory Processing:

Under-responsive

- Does not register noises in the environment properly

Signs?

- Does not respond to name
- Prefers loud music/TV
- Put ears against things that are making sounds
- Hums or make their own noises
- Talks loudly



How Can You Help?

- Toys with auditory input
- Play music in background
- Visual cueing
- Use headphones





Auditory/Vocal Stimming

<u>Stimming Behavior</u>	<u>How to Address Behavior</u>
Humming	Listening to Music Watching Movies Singing Use Headphones
High Pitched Screeching	Talking Softly Have Conversation
Covering Ears	Using Headphones/Earplugs
Snapping Fingers	Use iPad/I-Spy Book Poke-a-Dot Book Bubble Wrap
Repetitive Speech	Singing
Listening to Same Sound Repeatedly	Playing Musical Toys
Flapping Hands (Oversensitivity to Sound in Noisy Environment)	Provide Fidget Toy or Squeeze Ball in Hand

***Please be mindful that there are self-stimming behaviors that are not injurious to the child. Stimming behaviors are normal and should only be redirected when necessary or injurious to self.

